

**Paul Grama**

● EDUCAȚIE ȘI FORMARE PROFESIONALĂ

01/10/2015 – 09/2021 Cluj Napoca, România
DOCTOR-MEDIC UMF Iuliu Hațieganu

Adresă 400000, Cluj Napoca, România

01/10/2022 – ÎN CURS Târgu Mureș, România
PHD STUDIES University of Medicine, Pharmacy, Science and Technology "George Emil Palade" Târgu Mureș

● EXPERIENȚA PROFESIONALĂ

MEDIC REZIDENT GASTROENTEROLOG – SCJ MURES – 01/01/2022 – În curs – TARGU MURES, ROMÂNIA

● COMPETENȚE LINGVISTICE

Limbă(i) maternă(e): **ROMÂNĂ**

Altă limbă (Alte limbi):

	COMPREHENSIUNE		VORBIT		SCRIS
	Comprehensiune orală	Citit	Producerea de mesaje orale	Conversație	
ENGLEZA	C1	C1	C1	C1	C1
ITALIANĂ	B1	B1	B1	B1	B1

Niveluri: A1 și A2 Utilizator de bază B1 și B2 Utilizator independent C1 și C2 Utilizator experimentat

● PUBLICAȚII

2020
Grama P, Zah CA, Borz MB. Varicocele: Current Treatment Options. Averroes European Medical Journal 2020;2(2).

2020
Grama P and Zah CA. Fosfomycin: Still a Competent Treatment Option in Urinary Tract Infections. Al Ameen J Med Sci 2020; 13(3):217-218.

2020
Zah CA, Toporau AE, Grama P. Pediatric Atopic Dermatitis : Update on the Treatment Options. Acta Medica Transilv 2020;25:60–2. doi:10.2478/amtsb-2020-0075

2020
Zah CA, Grama P, Andronic O and Sima R. Deep Infiltrative Endometriosis: A Review of Surgical Treatment Options. Al Ameen J Med Sci 2021;14(1):5-10.

2020

Grama P, Oltea MP, Zah CA. Effect of Caffeine on Pain Management. Acta Marisiensis Seria Medica. 2020;66(4):127-131. doi: 10.2478/amma-2020-0030

2020

Grama P, Ureche C, Zah CA, Bocşan IC. Efecte Adverse Neuropsihice Induse de Montelukast. Alergologia. 2020;4(3):137-140

2020

Zah CA, Grama P. Prevention of cement leakage in vertebroplasty. CIRSE 2020 Summit – Book of Abstracts. Cardiovasc Intervent Radiol 2020;43:S210. doi:10.1007/s00270-020-02606-2.

2020

Zah CA, Pepa-Oltea M, Grama P. Ultrasound as A Viable Option in the Diagnosis of Pelvic Congestion Syndrome. Ulutas Med J. 2020;6(3):103-106 DOI: 10.5455/umj.20200722035002

2020

Zah CA, Grama P. Possible complications during embolization in pelvic congestion syndrome. CIRSE 2020 Summit – Book of Abstracts. Cardiovasc Intervent Radiol 2020;43:S279. doi:10.1007/s00270-020-02606-2

2020

Zah CA, Grama P. VITAMIN K2 IN OSTEOPOROSIS TREATMENT. Acta Medica Transilv 2020;25:26–8. doi: 10.2478/amtsb-2020-0023

2020

Grama P, Zah CA, Ureche C. Eosinophilic Granulomatosis with Polyangiitis: A rare side effect of Montelukast. Acta Marisiensis Seria Medica. 2020;66(Supplement 3):11.

2020

Zah CA, Grama P. Pelvic congestion syndrome: Interventional treatment challenges. Acta Marisiensis Seria Medica. 2020;66(Supplement 3):31.

2020

Zah CA, Toporau AE, Grama P, Urian L. Richter's Syndrome: an aggressive transformation of chronic lymphocytic leukemia. Acta Marisiensis Seria Medica. 2020;66(Supplement 3):176.

2020

Grama P, Zah CA, Mocan M, Chira R. Infected varicose ulceration of equine leg in circumstance of inferior vena cava agenesis associated with thrombophilia. Acta Marisiensis Seria Medica. 2020;66(Supplement 3):177.

2020

Grama P, Zah CA, Mocan M, Chira R. Duodenal Wall Stasis in Context of Inferior Vena Cava Agenesis Associated with Thrombophilia and Pulmonary Valve Stenosis. Acta Medica Marisiensis. 2019;65(Supplement 1):107.

2021

Zah CA, Grama P. Pelvic Congestion Syndrome: current approach and future diagnostic perspectives. Bangladesh J Med Sci 2021;20:258–62. doi: 10.3329/bjms.v20i2.51532

2022

Ureche C, Varo TN, Grama P, Voidăzan TS. WHAT CAN WE EXPECT FROM DRUG-INDUCED ALLERGY IN AN EMERGENCY DEPARTMENT?. Acta Medica Transilv. 2022;27(1):14–6

2024

Grama P, Ciorba M, Bataga S. LYMPHOMA IN VHB-POSITIVE PATIENT. JGLD, June 2024 Vol. 33 Suppl. 2

2024

Bataga S, Torok I, Macarie M, Frandes S, Ciurea N, Grama P, Pantea M, Amarinei DA, Ciorba M. TRENDS IN THE INCIDENCE OF HELICOBACTER PYLORI IN A TRANSILVANIA REGION. JGLD, June 2024 Vol. 33 Suppl. 2

2024

Grama P, Ureche C, Zah CA, Buzoianu AD, Bocsan IC. EOSINOPHILIC GRANULOMATOSIS WITH POLYANGIITIS INDUCED BY MONTELUKAST. Acta Clin Croat. 2024;63(1):45–54. <https://doi.org/10.20471/acc.2024.63.01.6>

2025

Ciurea, N.-A.; Pantea, C.M.; Grama, P.; Kosovski, I.-B.; Farella, I.; Bataga, S.; Di Ciaula, A.; Portincasa, P. Ten-Year Atherosclerotic Cardiovascular Disease Risk in Metabolic Dysfunction-Associated Steatotic Liver Disease (MASLD): Separate Analyses from Romanian and Italian Cohorts Integrating Metabolic, Hepatic, and Gut–Liver Axis Markers. J. Clin. Med. 2025, 14, 8361.

2025

Grama P, Zadea V, Ciurea N, et al. (November 17, 2025) Readmissions in Inflammatory Bowel Diseases: A Five-Year Retrospective Study in a Romanian Emergency County Hospital. Cureus 17(11): e97106. DOI 10.7759/cureus.97106

2025

Grama P, Ilyés T, Ciurea N A, et al. (October 06, 2025) The Role of Eosinophilic Cationic Protein in Inflammatory Bowel Disease. Cureus 17(10): e93934. DOI 10.7759/cureus.93934

2025

Grama, P., Ilyés, T., Ciurea, NA. et al. Gastrin levels in inflammatory bowel disease: links with disease activity, quality of life, and lifestyle. Egypt J Intern Med 37, 155 (2025)

2025

Ilyés, T.; Grama, P.; Gheorghe, S.R.; Anton, V.; Silaghi, C.N.; Crăciun, A.M. Leptin, Nesfatin-1, Glucagon-like Peptide 1, and Short-Chain Fatty Acids in Colon Cancer and Inflammatory Bowel Disease. Gastroenterol. Insights 2025, 16, 32

2025

Ciurea, N.-A.; Pantea, C.M.; Grama, P.; Kosovski, I.-B.; Bataga, S. Fecal Zonulin as a Non-Invasive Marker of Intestinal Permeability: Findings from a Prospective Cohort Study. Medicina 2025, 61, 1527

2026

Bătagă SM, Grama P, Pantea M, Frandేశ S, Ciurea NA. Prevention of Gastric Cancer. Medicina (Kaunas). 2026 Mar 31;62(4):660. doi: 10.3390/medicina62040660. PMID: 42075532

2026

Grama P, Ilyés T, Ciurea NA, Fărcaș RA, Bătagă S. Serum SCFA and Nesfatin-1 Patterns in Inflammatory Bowel Disease: A Pilot Exploratory Study. J Clin Med. 2026 Mar 27;15(7):2581. doi: 10.3390/jcm15072581. PMID: 41976881; PMCID: PMC13072835

● PREMII

Premiu pentru prezentarea intitulată „Can readmissions in IBD be prevented?”. Al 15-lea Simpozion Național de Boli Inflamatorii Intestinale, 21–23.11.2023.

Premiul III – POSTER ȘTIINȚE MEDICALE FUNDAMENTALE, în calitate de prim autor al lucrării „Eosinophilic granulomatosis with polyangiitis: a rare side effect of Montelukast”. Congresul MARISIENSIS, 12.12.2020.

Premiul I – POSTER NON-CHIRURGICAL, în calitate de autor al lucrării „Duodenal wall stasis in context of inferior vena cava agenesis associated with thrombophilia and pulmonary valve stenosis”. Congresul MARISIENSIS, 27–31.03.2019.
